

# Sandy newsletter

DECEMBER 22, 2010

## A Celebration of the Arts in Sandy



"Barefoot in the Park" was performed in February and starred Lacey Jackson as Corie Bratter and DRU as Victor Velasco.

As 2011 begins and we say good-bye to 2010 the Sandy Arts Guild looks back over a fun-filled year bursting with many accomplishments.

Congratulations to the Sandy Arts Guild who celebrated their 25th anniversary: A milestone that few other arts organizations in the valley have achieved. The guild also welcomed audience members, new and old, who supported the new productions that opened during the year.

Looking back over a successful 2010, here's a quick recap of the productions that took place:

During the Mountain West Arts Conference held in May, Utah Gov. Gary Herbert recognized the city for its dedication in bringing the arts to the residents of Sandy with the "Community Leadership in the Arts" award. This is the highest honor in Utah related to the arts. The city was praised for its support of organizations like the Sandy Arts Guild, Mountain West Ballet, American West Symphony and for also

building the successful 2,750-seat Sandy Amphitheater.

In February, the Arts Guild presented its first production in the newly christened Council Chamber Theater at City Hall of the Neil Simon play "Barefoot in the Park," and in November the first chamber concert series featuring music from Steven Sharp Nelson, David Tolk and Michael Dowdle.

In March, the Youth Theatre program presented "Willy Wonka, Jr." casting over 60 children and performing three sold-out shows at Mount Jordan Middle School along with a daytime assembly for the students.

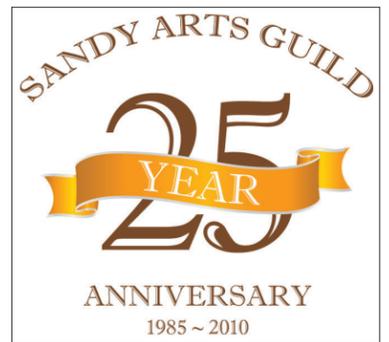
The Elementary School Art Show had over 300 pieces of artwork on display at the South Towne Center in April, all from students representing public and private elementary schools within Sandy.

The Interfaith Music Festival brought together church choirs from across Sandy to perform at Good Shepherd Lutheran Church with Sterling Poulson as guest conductor of the combined choirs.

The summer musical in August was the colorful Broadway hit "Guys and Dolls." A few new faces were seen in the cast and a couple that came from behind the curtain to show their singing and dancing talents.

Rounding out the year was the Sandy Art Show held in November at the Sandy Senior Center. Over 80 artists from Sandy and across Utah displayed their work at this semi-professional, adjudicated art show. Watercolor, oil, acrylic, clay art (pottery or sculpture) and photography were all showcased with winners receiving cash prizes.

The Sandy Arts Guild will kick off its 26th year in February with "The Complete Works of William Shakes-



peare (Abridged)." A funny, comedic romp through the plays of Shakespeare being performed in the Council Chamber Theater at City Hall. A funny, comedic romp through the plays of Shakespeare being performed in the Council Chamber Theater at City Hall, February 18, 19, 21 & 25, 26, 28.

In April, the Youth Theater program presents "High School Musical, Jr." and "You Can't Stop the Beat" with the summer musical "Hairspray" playing in August at the Sandy Amphitheater.

Either as a volunteer, actor, musician or audience member, the upcoming year promises to be fun and exciting. For more information on Sandy's community arts programs, visit [www.sandyarts.com](http://www.sandyarts.com). While online, sign up for our email newsletter, become a volunteer, make a donation or "friend" us on Facebook.



Sandy Arts Guild Youth Theatre performed "Willy Wonka, Jr." in March.



One of the more than 300 pieces that were submitted by public and private elementary schools in Sandy for the Elementary School Art Show. This piece, created by Annie Eldridge from Silver Mesa Elementary won First Place.



The overall winner of the 2010 Sandy Arts Show was Virgil Tyler Oertle with his piece "Spearfisher."



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cityofsandy



MAYOR: Tom Dolan

#### CITY COUNCIL:

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Steve Smith (At-Large)  
Council Office...801-568-7141

#### CHIEF ADMINISTRATIVE OFFICER:

Byron Jorgenson

#### CITY PHONE NUMBERS:

Alta Canyon Rec Center ....801-568-4600  
Amphitheater ..... 801-568-ARTS  
Community Events .....801-568-6097  
Fire Dept. Admin. ....801-568-2930  
General Information.....801-568-7100  
Job Hotline .....801-561-7009  
Parks and Rec.....801-568-2900  
Planning and Zoning.....801-568-7256  
Police Information .....801-568-7200  
Public Utilities.....801-568-7280  
(Water, Storm Water)  
Public Works.....801-568-2999  
(Streets, Transportation, Engineering, Waste)  
River Oaks Golf Course.....801-568-GOLF  
Utility Billing .....801-568-7110  
Sandy Justice Court .....801-568-7160  
Street Lights .....801-352-4400



## Staying Healthy During the Holidays

Staying healthy during the long winter months in Utah can be challenging at times. However, the cold weather doesn't have to slow you down. There are many outdoor opportunities (and indoors at Alta Canyon) to help keep you healthy. A few of these opportunities include:

- Working on your swing year round in the heated bay at the River Oaks Driving Range. Please call 801-568-GOLF (4653) for more information.

- Registering a team for the snowball softball tournament. This popular softball tournament will be played January 28-29 and is a lot of fun for all participants. Call Parks & Recreation at 801-568-2900 or visit [www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks) for more information.

- Going on a winter hike. Some of the trails near Sandy are the most beautiful during the winter time. Put on warm clothes, sturdy

shoes, and enjoy the winter wonderland at Bell Canyon Reservoir. The crowds are gone and you can get to the reservoir from either the Granite or Boulders Trailhead. If conditions are slippery, consider wearing winter traction cleats.

- Snowshoeing is also a great winter activity. Snowshoes can be rented for a minimal cost with free trails that offer great snowshoeing without much avalanche danger.

- Taking a winter walk. During the winter, the Parks and Recreation staff works hard to keep the paved trails at the parks free of snow. Bundle up, and take a walk around the park. Being outdoors will feel refreshing.

- Fulfilling your exercise goals at Alta Canyon Sports Center. Alta Canyon is open year round and has programs to meet everyone's interests. Call 801-568-4600 or visit online at [www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks) for more information.



Staying healthy in the winter is challenging. Sandy has a variety of parks and programs to help keep you and your family healthy. This walk was organized through the Slim Down Shape Up program at one of Sandy's parks.

### Keeping Youth Healthy is New Goal for School Lunches

Hairnets and "meatloaf surprise." That's what comes to mind when people think of school lunch. But times are changing. The need for keeping America's youth healthy is becoming more vital and school lunch is the place to start.

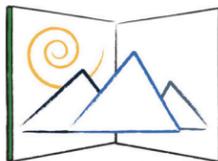
Rather than a commercial business, school lunch is a federally funded program that serves over 100,000 public and non-profit private schools. The National School Lunch Program provides nutritious meals at a low or free cost. Applications for free or reduced lunches are available at the front office of your student's school.

Schools are required to meet specific nutrition criteria in their menus, providing at least a third of the student's recommended daily allowance for protein, iron, calcium, vitamin A, vitamin C and calories.

Fortunately, two registered dietitians

work for Canyons School District. In an effort to stay on track with state and federal nutrition standards, the Canyons School District has made several changes to school lunch menus, including using whole wheat for some of the grain products (bread is baked fresh in the secondary schools), getting rid of deep fat fryers, omitting high calorie condiments, and offering a greater variety of fruits and vegetables.

Check out your student's school lunch menu and have them try it out. You won't have to pack them a lunch, you'll spend less with school lunch and you'll know they're getting a balanced meal. Plus, the menus are created with youth in mind, so they are sure to enjoy one of the daily options offered.



CANYONS  
School District



### Slim Down Shape Up Sandy



This spring, Healthy Sandy will be holding the fourth annual Slim Down Shape Up program. Starting in April, Sandy residents will be able to participate in a 10-week program which encourages residents to exercise, eat healthy, and lose any unneeded weight. Past participants have gone on weekly walks, met fitness challenges, and earned points and prizes.

Hundreds sign up each year and everyone who participates receives a variety of rewards. So this year, as you are making New Year resolutions, plan on participating in the Slim Down Shape Up program. More information will be coming in future newsletters.

If you would like to volunteer to help plan for and run the Slim Down Shape Up program this year, contact Korban Lee at 801-568-7156 or at [klee@sandy.utah.gov](mailto:klee@sandy.utah.gov).

### Become a Part of Healthy Sandy

The Healthy Sandy Partnership is looking for volunteers to help make a difference in the community.

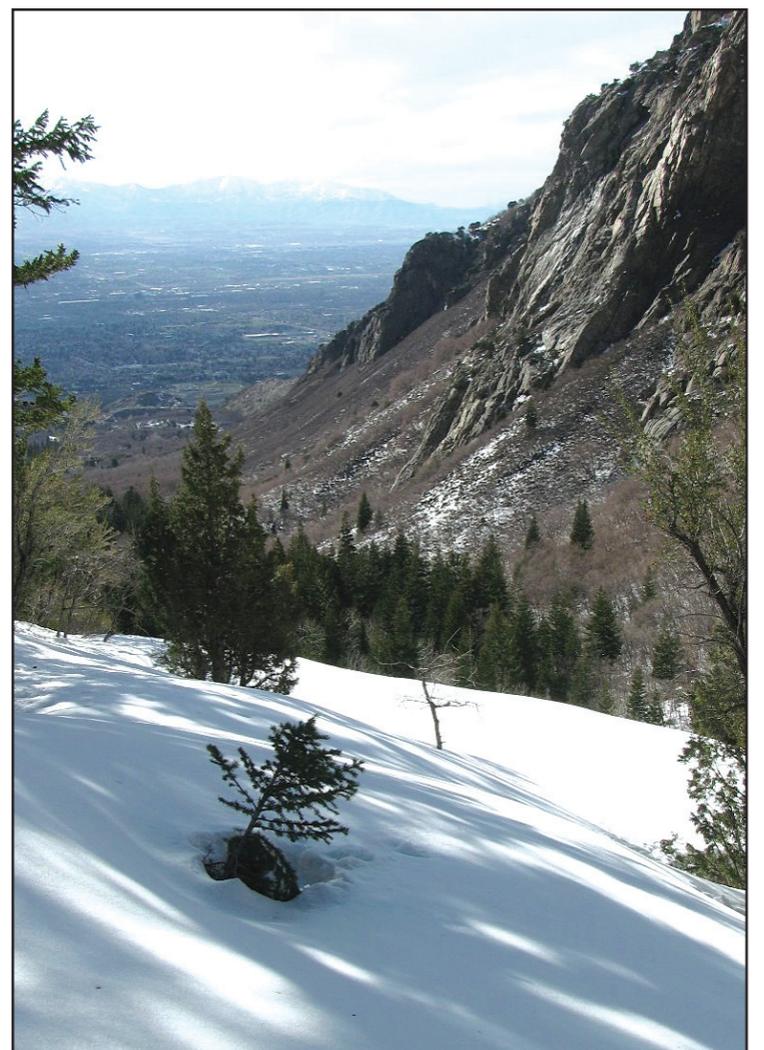
Healthy Sandy is a partnership of Alta View Hospital, Sandy City, the Salt Lake Valley Health Department, the Canyons School District and community leaders. The mission of the partnership is to promote health, wellness, and safety among those who live and work in Sandy. Healthy Sandy puts on a variety of programs throughout the city,

including Slim Down Shape Up, offering subsidized flu shots, offering vision or dental screenings to elementary school kids, promoting family meal time and hosting an annual 10k race. If you would like to be a part of the Healthy Sandy Partnership, or participate in organizing any of these programs, please call Korban Lee at 801-568-7156 or send an email to [klee@sandy.utah.gov](mailto:klee@sandy.utah.gov).

### Health Presentation Offered to the Public

Healthy Sandy is offering a presentation to community groups interested in learning about and discussing better health practices. The presentation, titled "Changing the Trend" is presented by experts in the health field and explores the negative trends of our current diet and health practices and what we can do to reverse them. The presentation is approximately 45 minutes long. Representatives from Healthy Sandy will make visual presentations

that identify some of the problems we face as parents, as a community and as a nation. The presentation will also offer some possible solutions and a suggested action plan for improving family health. Handouts are included. This presentation is non-political and non-commercial and is offered as a public service at no charge. To schedule a presentation, contact Debbie Richards at Alta View Hospital at 801-501-2702.



One of the many spectacular views that can be captured, even in the winter, from the Bell Canyon Trail.

# Newsletter

DECEMBER 22, 2010



SANDY.UTAH.GOV



## 1300 East Project Update Construction will be minimal during winter months; completion expected in June of 2011

Construction crews are wrapping up the major work items along 1300 East and preparing the site for winter. Crews will be present intermittently throughout the winter months to complete items such as signals and street lighting as well as regular monitoring of the traffic control.

The project was broken up into smaller segments as the construction took place. The following is a list of their progress:

### Creek Road to 9400 South

The initial segments of the project will be substantially complete within the next couple of weeks. A few final items will continue though the spring such as the expansion of the gravity wall south of 9400 South.

### 9400 South to 11100 South

The majority of the work in this section is complete. However, final items such as roadway paving will resume in the spring of 2011 when adequate weather and temperatures return. For the safety of motorists and pedestrians during the winter months, motorists can expect to see barrels and reduced speed limits leading into and throughout the segment between 9400 South and 11100 South.

Other items which will be finished in the spring include putting in the remaining curb, gutter and sidewalk, installing street lighting and placing remaining wall panels.

For questions or concerns regarding the 1300 East Improvement Project, please visit the project website at [www.udot.utah.gov/1300east](http://www.udot.utah.gov/1300east) or contact the public information manager at 801-904-4013.

## Christmas Tree Recycling

The city will have large dumpsters placed at the following locations throughout Sandy from Monday, Dec. 27, 2010 until Monday morning, Jan. 10, 2011 for the collection of Christmas trees only:

- Storm Mountain Park, 11400 South 1000 East
- Bell Canyon Park, 11400 South 1700 East
- Flat Iron Mesa Park, 8600 South 1700 East (lower west parking lot)
- High Point Park, 7800 South 1000 East
- Crescent Park, 11000 South 230 East
- Buttercup Park, 10075 South 1550 East (south parking lot)

In addition, trees can also be taken to the Parks and Cemetery Shop located at 9120 South 700 East from Dec. 27 through Jan. 10.

Please ensure that all lights, ornaments, tinsel and garland are removed from the trees as well as stands, plastic, and spikes. Trees that have been flocked should not be taken to any of these locations since they are not recyclable. Flocked trees can be cut into pieces and placed in the blue waste container. Finally, bulk waste, garbage, yard waste and commercial dumping of trees are not acceptable. If you have any questions, call Public Works at 801-568-2999 or Parks and Recreation at 801-568-2900.



## Let it Snow? Making Roads and Neighborhoods Safe During the Winter

Travel conditions can change in the blink of an eye during a major snow storm. Oftentimes, just getting to and from destinations like work and school can be stressful. Icy conditions can cause delays and be very dangerous. It is a strong priority of the city to minimize the danger and to make all public areas including parks and roads safe and passable as quickly as possible. The city works closely with residents during a storm to ensure that safe environments are achieved.

• **The Public Works Department** has crews prepared 24 hours a day in the event of a storm. Their priority is to make all main arterial roads passable for schools, hospitals, fire stations and police stations. As long as the snow continues to fall, the city's first goal is to keep the main roads clear. In such instances, it is unlikely that residential roads will be reached immediately because main roads must be repeatedly plowed. They are able to move to other roads and residential streets depending on the size of the storm and the amount of snow fall as quickly as possible.

• **The Parks Division** maintains over 90 locations for snow removal. Their first priority is for city buildings and school walkways. Crews are able to clear snow from all paved sections of trails and jogging paths as soon as all other priority locations are safe. Depending on the size of the storm, crews may not be able to reach a location for a couple of days.

• **The Police Department** strives to keep city streets safe during a snow storm.

They would like to remind drivers to not park on the street during the winter months from Nov. 1 through April 30. This is for the safety of the residents in that neighborhood and for the snow plow drivers who must clear the streets. Police officers can cite or tow vehicles parked in these locations during a storm or within 24 hours after a storm.

• **The Fire Department** asks that residents clear areas around fire hydrants. Time is of the essence when a structure is on fire and someone is in need of assistance. Hydrants are located in every neighborhood and delays can come when hydrants are blocked by snow or other debris. Taking just a few minutes to clear

around a hydrant may mean life or death in the event of a fire.

Tips for making your neighborhood more safe:

- Clear snow from your driveway and sidewalk within 24 hours of a storm.
- Blowing or pushing snow into any city street is hazardous and is not allowed.
- Parking overnight on city streets during a storm or the 24 hours following a storm is not allowed from Nov. 1 to April 30 to ensure safe passage of snow plows.
- Clear common areas in neighborhoods such as mailboxes, fire hydrants or sidewalks for children walking to school.

- Help the elderly or infirmed by shoveling their areas.

It is our hope that locations can be reached within a reasonable timeframe and that any safety issues can be resolved quickly. For questions regarding snow removal, please call:

- Streets** – Public Works .....801-568-2999
- Private sidewalks** – Code Enforcement .....801-568-7254
- Parking issues** – Police Dispatch – .....801-840-4000
- City buildings, trails and parking lots** – Parks & Recreation .....801-568-2900

## Calendar of Events

December 23-24	Christmas Holiday, city offices closed	<a href="http://www.sandy.utah.gov">www.sandy.utah.gov</a>
Dec. 27-Jan. 10	Receptacles for Christmas Trees available	801-568-2900
December 31	New Year's Holiday, city offices closed	<a href="http://www.sandy.utah.gov">www.sandy.utah.gov</a>
December 31	Registration deadline for Avalanche Racquetball Tournament	801-568-4600
January 3	Spring sports; registration begins	<a href="http://www.sandy.utah.gov/parks">www.sandy.utah.gov/parks</a>
January 3-14	Customer Appreciation Week at Alta Canyon	<a href="http://www.sandy.utah.gov/parks">www.sandy.utah.gov/parks</a>
January 4	City Council 7 p.m.	801-568-7100
January 4-8	Avalanche Racquetball Tournament at Alta Canyon	801-568-4600
January 6	Planning Commission 6:15 p.m.	801-568-7256
January 11	City Council 7 p.m.	801-568-7100
January 18	City Council 7 p.m.	801-568-7100
January 20	Planning Commission 6:15 p.m.	801-568-7256
January 25	City Council 7 p.m.	801-568-7100
January 28 & 29	26th Annual Adult Snowball Softball Tournament	<a href="http://www.sandy.utah.gov/parks">www.sandy.utah.gov/parks</a>
February 1	City Council 7 p.m.	801-568-7100

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# Sandy Parks & Recreation

DECEMBER 22, 2010

440 East 8680 South • Sandy, Utah 84070 • 801-568-2900  
[www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks)

## REGISTRATION INFORMATION

ONLINE REGISTRATION: [www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks) (available for most sports and programs)

IN PERSON: Sandy Parks & Recreation • Monday-Friday 8 a.m. to 6 p.m.



**Thank you for choosing Sandy Parks & Recreation!**

## REGISTRATION FOR SPRING SPORTS

Registration begins January 3 for the following:

### Soccer

Grades: Pre-School-9th (Must be 4 years old by September 1, 2010)

Cost: \$42-\$52

Registration Deadline: Feb. 9 (Early Registration Deadline)  
Feb. 16 (Regular Registration Deadline)

### Boys Baseball

Age: 7-12 yrs.

Cost: \$43-\$58

Registration Deadline: March 9 (Early Registration Deadline)  
March 16 (Regular Registration Deadline)

### Girls Softball

Age: 7-18 yrs.

Cost: \$42-\$46

Registration Deadline: Feb. 23 (Early Registration Deadline)  
March 3 (Regular Registration Deadline)

### T-Ball/Coachpitch

Age: 4-7 yrs.

Cost: \$38

Registration Deadline: March 9 (Early Registration Deadline)  
March 16 (Regular Registration Deadline)

### Adult Softball

Registration: January 3 – March 4, 2011 (Returning Teams)  
March 10 – Until Full (New Teams)

Cost: \$440 per team



## EVENTS

### 26th Annual Men's Snowball Softball Tournament

Dates: January 28 & 29, 2011

Locations: Bicentennial Park, 530 East 8680 South  
Quarry Bend Park, 9020 S. Quarry Bend Parkway

Deadline: January 20, 2011 6 p.m.

Cost: \$225 per team

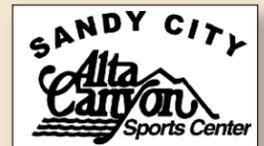
## PARKS

### Rentals for Indoor Pavilions Available Online

Indoor and outdoor pavilion reservations are available online through Sandy's website at [www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks). The Parks & Recreation Department can also still receive reservations in person and by fax machine at 801-561-6733. Pavilion reservations can be made up to six months in advance. Online reservations can be made a maximum of 160 days in advance. Due to our online software, reservations cannot be made within 72 hours of the reservation date. In order for the reservation to be confirmed, all fees must be paid at the time of the reservation. Proof of residency is required to receive the Sandy resident rate. A \$15 reservation fee is non-refundable on cancellations. Reservation transfer or refund on cancellations requires 72 hours notice. Parks & Recreation cannot reserve tot lots, volleyball courts or tennis courts. These amenities are available on a first-come, first-served basis.



Alta Canyon Sports Center  
9565 S. Highland Drive  
Sandy, Utah • 801-568-4600



### Alta Canyon Sports Center Welcomes New Manager

Alta Canyon Sports Center would like to welcome their new center manager, Jake Collett. Jake comes to Alta Canyon and the Parks & Recreation Department from the Community Events Division at Sandy City where he worked for two years handling city-wide community events such as the Fourth of July celebration, Movies in the Park and the Sandy Amphitheater. Jake attended Utah State University where he graduated with a degree in parks & recreation with a minor in organizational communication. He loves staying active through playing sports and being outdoors. Jake, his wife Erin and their 2-year-old daughter, Ella, reside in Sandy. Jake's qualifications combined with his enthusiasm and energy will be a great asset to the center, and to the Parks & Recreation Department.

We invite you to stop by the Alta Canyon Sports Center, take a tour, participate in any of our fitness classes, or even buy a membership, and while you're there, say hi to Jake and the staff at Alta Canyon.

### Customer Appreciation Week • January 3-14

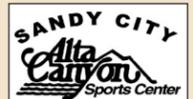
Members who bring in a guest to any aerobics class for the student price of \$4 will receive a free class/punch.

### WINTER MEMBERSHIP PROMOTION

**SAVE 10% ON Annual Membership Fees**

Save 10% on your annual membership fee when purchased between December 22, 2010 and January 31, 2011. Must present coupon at time of purchase to receive offer. One coupon per membership.

Alta Canyon Recreation Center  
9565 S. Highland Drive • 801-568-4600



### "Avalanche" Racquetball Tournament January 4-8, 2011

Want to compete with some of the best racquetball players in the area? This tournament offers great competition with an inviting atmosphere. USAR rules apply. The tournament is open to adults and juniors. Individuals and/or teams are welcome.

Tournament Dates: January 4 - 8, 2011

Registration deadline: Noon, Friday, December 31, 2010

Please contact Alta Canyon at 801-568-4600 for more information and registration procedures.

RIVER OAKS GOLF • 9300 S. Riverside Dr.  
Sandy, Utah • 801-568-4653  
[www.sandy.utah.gov/riveroaks](http://www.sandy.utah.gov/riveroaks)



The Staff at River Oaks Golf Course would like to thank you for a great season in 2010. Have a safe and happy holiday. We look forward to seeing you in 2011!

### Come Check Out Our "After Christmas" Sale

- Clubs including Titleist, Callaway, Taylormade, Mizuno, Nike and MORE
- All drivers, fairway woods and hybrids starting at \$79
- Winter outerwear at or below wholesale pricing
- All golf shoes at clearance prices
- Sun Mountain speed carts on special warehouse pricing
- Wedges in all lofts on sale now for \$79

We offer custom club fitting on all golf equipment

### River Oaks Banquet Facility

River Oaks Banquet Facility is accepting reservations for your "After Christmas Party"! Our luxurious clubhouse has an indoor banquet facility that comfortably seats 150 guests, and is ideal for luncheons, parties, weddings and receptions. For rental rates or more information, contact Lori, banquet manager, at 801-870-0826 or 801-568-4658. For a virtual tour of our golf course facility please visit [www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks) and select River Oaks Golf Course from the menu.